

INTRODUCTION TO THE STRUCTURED TRAINING LOG BOOK

1. Purpose of the Log Book

The Structured Training Log Book represents a fundamental change from recording experience to recording competence. All trainees entering the HKCOG training program after 1 July 1999 are required to use this log book.

This log book allows the trainee to monitor his/her own competence, to recognise gaps and address them. It describes the minimum competence level expected of the trainee ready to sit the HKCOG Intermediate Assessment and these are clearly marked 'M'. The targets required for the Exit Assessment are marked 'E'. The log book also acts as part of the summative assessment process for the trainees.

2. The Modules of the Curriculum

In this log book there are 20 modules which make up the content of O&G specialist training, ranging from the basic history taking to the subspecialty fields of obstetrics and gynaecology.

3. Levels of Competence

Each module has specific targets. Every target has an 'expected competence level' that a trainee must achieve. The level of competence ranges from observation (1) to independent practice (5).

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|---------|----------------------|--|
| Level 1 | Observes | Observes the clinical activity performed by a colleague |
| Level 2 | Assists | Assists a colleague to perform the clinical activity |
| Level 3 | Direct Supervision | Performs the entire activity under direct supervision of a senior colleague |
| Level 4 | Indirect Supervision | Performs the entire activity with indirect supervision of a senior colleague |
| Level 5 | Independent | Performs the entire activity without need for supervision |

Level 1 and Level 2 competence include the ability to present basic and clinical knowledge, exhibition of clinical reasoning and identification of relevant principles associated with the target activity.

4. **Using the Log Book**

Most of the modules contain two sections.

Upper Section:

Different levels of competence are required for different targets. The open blank box identifies obligatory training targets. Those marked with 'E' require assessment and signing by the trainer. The shaded area allows self-monitoring by the trainee, and requires no signature from the trainer. Targets identified by the black boxes need not be achieved.

Lower Section:

The lower section is provided entirely for self-monitoring by the trainee. The open boxes require the entry of the date when competence is reached.