

The Hong Kong College of Obstetricians and Gynaecologists

Urogynaecology Subspecialty Logbook

Name of Trainee:		
Hospital:		
Training Period:	Year 1	
	Year 2	
	Year 3	



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Curriculum & Log of Competence



Introduction

The programme consists of seven modules. One is common to all subspecialty programmes (Generic Module) and the other six are specific to urogynaecology. Aside from the modules, the trainee must also demonstrate that they have achieved a thorough understanding of the anatomy, physiology and pharmacology of the lower urinary tract and the impact of pregnancy, parturition, menopause and ageing on lower urinary tract function. They must also be aware of the effects of disease, both mental and physical upon the pelvic organs. The conditions that the trainee must be familiar with are listed below. An understanding of these is expanded upon within the modules.

Conditions to be familiar with:

- Urodynamic stress incontinence
- Detrusor overactivity
- Trauma and congenital abnormalities resulting in incontinence
- Voiding disorders and urinary retention
- Overactive bladder syndrome
- Pelvic pain
- Lower urinary tract and lower gastointestinal tract fistulae
- Pelvic organ prolapse, both primary and recurrent
- Painful bladder syndrome
- Urethral lesions, e.g. diverticulae
- Effects of pelvic surgery and irradiation on the lower bowel urinary tract and pelvic floor
- Urinary disorders in pregnancy
- Evaluation and care of the elderly
- Lesions of the central nervous system affecting urinary, faecal control and pelvic floor
- Difficult defaecation
- Disorders of lower gastro-intestinal tract function including incontinence and motility
- Obstetric anal sphincter injury (OASIS)
- Urinary disorders in childhood;
- The physically or mentally handicapped
- Sexually transmitted diseases
- Emotional and behavioural disorders
- Hormone deficiency states
- Urinary problems secondary to medical disorders and drugs
- Symptoms associated with sexual intercourse, e.g. coital incontinence.



Urogynaecology

Module 1: General Urogynaecology Assessment

1.1 History

- To demonstrate the knowledge skills and attitudes required to make an appropriate clinical assessment of an urogynaecological patient.
- To understand the different facets of obtaining a history of the woman's condition:
 - obtain a general history
 - obtain a urinary/prolapse/bowel and sexual history
 - use standardised questionnaires
 - use quality of life (QoL) questionnaires

Knowledge criteria	Clinical competency	Professional skills and attitudes	Training support	Evidence/assessment
Symptoms Relationships with other medical conditions How standardised questionnaires are devised Meaning of QoL questionnaires Understanding of how questionnaires are validated	Take an appropriate history Present relevant history for patients with either urinary, prolapse, sexual or faecal problems Use of appropriate standardized QoL	Ability to take an appropriate history Ability to use appropriate standardised questionnaires and to analyse them Ability to use appropriate QoL questionnaires and to analyse them	Tailored clinical experience Observation of, assisting and discussion with senior medical staff Personal study Appropriate postgraduate education courses	Feedback from trainer Mini-CEX Logbook of competences and experience Annual subspecialty assessment Evidence of attendance at appropriate courses



1.2 Examination

- To be able to carry out a competent examination:
 undertake a general examination
 undertake a pelvic examination, including standardised methods of assessment
 undertake a relevant neurological examination

Knowledge criteria	Clinical competency	Professional skills and attitudes	Training support	Evidence/assessment
Examination findings relevant to lower urinary tract disorders Examination findings relevant to women with prolapse Neurological findings in women with denervation of the pelvic floor and neurological conditions affecting the lower urinary tract (e.g. multiple sclerosis)	Carry out an appropriate general, pelvic floor and neurological examination	 Ability to: Carry out an appropriate general examination, especially abdominal Carry out an appropriate pelvic examination, including usage of Pelvic Organ Prolapse Quantification (POPQ) system or new assessments methods as they are introduced into clinical practice Carry out an appropriate neurological examination, especially pelvic floor innervation 	Tailored clinical experience Observation of, assisting and discussion with senior medical staff Personal study Appropriate postgraduate education courses	Feedback from trainer Mini-CEX Logbook of competences and experience



1.3 Investigations Learning outcomes:

• To be able to select appropriate tests and carry out the test proficiently and where appropriate interpret results

Knowledge criteria	Clinical competency	Professional skills and attitudes	Training support	Evidence/assessment
Investigations of lower urinary tract: Urinalysis Urine culture and cytology Frequency/volume charts Pad test Bladder scan Uroflowmetry Cystometry Videocystourethrography Ambulatory urodynamics Urethral function studies Cystourethroscopy: rigid/flexible Bladder Biopsy Investigations of upper urinary tract: Renal ultrasound Abdominal X-ray Intravenous urogram /CT Urogram / MRI Urogram Micturating Cystogram Isotope renography (e.g. Mag 3) Neurourology: Pelvic floor electromyography Pelvic floor investigation: Magnetic resonance imaging Ultrasound of pelvic floor Colorectal: Anorectal function studies	Initiates investigations, understands and interprets results	Ability to understand impact of results on clinical management Ability to select appropriate tests and carry out the test proficiently (investigations for lower urinary tract) and interpret the results (investigations for lower and upper urinary tract, neurourology, pelvic floor investigation and colorectal investigations)	Direct observation Attendance at multidisciplinary team meetings	Log book of competences and experience Annual subspecialty assessment OSATS: • Urodynamics • Cystoscopy • Bladder Biopsy



Medule 1: Concret Livery managelegical Assessment	Competence Level			Not required		
Module 1: General Urogynaecological Assessment		Level 1		Level 2		Level 3
	Date	Signature	Date	Signature	Date	Signature
History			I			L
Take full urogynaecology history						
Take history of sexual dysfunction						
Interpret quality of life questionnaires						
Examination						
Appropriate abdominal examination						
Appropriate pelvic examination (including cough stress test)						
Assessment of pelvic floor tone						
Perform pelvic organ prolapse scoring						
Appropriate neurological examination						
Investigations						
Frequency Volume chart						



Module 1: General Urogynaecological Assessment	Competence Level				Not required	
(continued)		Level 1		Level 2	Level 3	
	Date	Signature	Date	Signature	Date	Signature
Pad Test						
Uroflowmetry						
Perform bladder scan						
Perform dual channel subtracted cystometry						
Perform videocystometry						
Perform ambulatory urodynamics						
Perform urethral pressure profilometry						
Cystourethroscopy (rigid)						
Cystourethroscopy (flexible)						
Bladder biopsy at cystoscopy						
Renal ultrasound						
Abdominal X- ray						



Module 1: General Urogynaecological Assessment	Competence Level				Not required		
(continued)		Level 1		Level 2	l	Level 3	
	Date	Signature	Date	Signature	Date	Signature	
Intravenous urogram / CT urogram / MRI urogram							
Micturating cystogram							
Isotope renography							
Pelvic floor electromyography							
Ultrasound of the pelvic floor							
MRI scan of the pelvic floor							
Anorectal function studies							
Barium enema							
Contrast CT / Colonsocpoy							
Defaecating proctogram							
Endoanal ultrasound							



Authorisation of signatures (to be completed by the clinical trainers)					
Name of clinical trainer (please print)	Signature of clinical trainer				



OSATS	Each OSAT	Each OSATS should be successfully completed for Independent Practice on 3 occasions before the module can be signed off				
	Date		Date		Date	
Urodynamics	Signature		Signature		Signature	
	Date		Date		Date	
Cystoscopy (+/-Biopsy)	Signature		Signature		Signature	

COMPLETION OF MODULE 1							
I confirm that all components of the module have been successfully completed:							
Date Name of subspecialty training programme supervisor Signature of subspecialty training programme supervisor							



Module 2: Conservative Management of Urogynaecological Conditions

- To demonstrate a thorough understanding of the evaluation and treatment of lower urinary tract disorders using conservative measures (including recommendations of the International Consultation on Incontinence)
 - Anatomy and function of lower urinary tract and pelvis
 - Fluid management
 - Physical therapies
 - Pharmacological therapies
 - Catheters and drug therapies for voiding difficulties
 - Pessaries for prolapse
 - Other therapies

Knowledge criteria	Clinical competency	Professional skills and attitudes	Training support	Evidence/assessment
Anatomy, physiology and pathophysiology of lower urinary tract and pelvis Effects of abnormal anatomy, physiological events and systemic disease Related symptoms and clinical findings Principles of pharmacology and mode of action of substances acting on pelvic organs and lower urinary tract Indications for different types of catheters, insertion of catheters and intermittent self-catheterisation Indications for and fitting of ring, shelf and other pessaries Use of different charts to assess intake and/or output and to assess and treat women with excessive voiding patterns	Take a history and carry out appropriate examination Analyse charts (frequency, frequency/volume, input/output) and give advice from the recordings presented Assess pelvic floor strength Insert catheters Teach intermittent self-catheterisation Fit and change pessaries	Ability to apply knowledge of anatomy, physiology and function to the clinical situation Ability to tailor treatment, taking into consideration underlying condition Ability to take a history, including standardised questionnaire, QoL Ability to demonstrate how recommendations to the patient depend on charts provided Ability to perform an appropriate general, pelvic floor and neurological examination Ability to implement drug management for incontinence Ability to insert a suprapubic catheter Ability to change a permanent suprapubic catheter	Appropriate courses/training days Observation of, assisting and discussion with senior medical staff Personal study Tailored clinical Experience Discussions with Physiotherapists Working with continence nurse specialist	Demonstrates adequate exposure during training Logbook of competences and experience Feedback from trainer Annual subspecialty assessment Mini-CEX



Knowledge criteria	Clinical competency	Professional skills and attitudes	Training support	Evidence/assessment
 Pharmacology, including mechanism of action, adverse effects and interaction, for treatment of: Overactive bladder syndrome Nocturnal frequency and nocturia Stress urinary incontinence Painful bladder syndrome Use of hormone replacement therapy 		Ability to teach intermittent self-catheterisation Ability to fit and change non-ring pessaries and manage pessary problems		
Effects of drugs used in other conditions on the lower urinary tract system				
 Principles of different modalities of pelvic floor exercises: Cones Electrical therapy Magnetic stimulator Biofeedback 				
 Overactive bladder syndrome: Principles of and possible indications for treatment: Biofeedback Acupuncture Hypnotherapy Psychotherapy 				



Module 2: Conservative Management of Urogynaecology	Compete	nce Level	Ī		Not required	
Conditions		Level 1		Level 2		Level 3
	Date	Signature	Date	Signature	Date	Signature
Teaching of Pelvic Floor Exercises						
Teach clean intermittent self-catheterisation						
Insert suprapubic catheter						
Change suprapubic catheter						
Select and fit pessaries (ring, gellhorn and other non-ring pessaries)						
Medical management of detrusor overactivity						
Medical management of stress incontinence						



Authorisation of signatures (to be completed by the clinical trainers)					
Name of clinical trainer (please print)	Signature of clinical trainer				

COMPLETION OF MODULE 2 I confirm that all components of the module have been successfully completed:						
Date	Name of subspecialty training programme supervisor	Signature of subspecialty training programme supervisor				



Module 3: Surgical Treatments

Learning outcomes:

• To demonstrate the knowledge and skills to understand the indications for and the ability to carry out the required surgical procedures. This includes the skills and attitudes to counsel patients appropriately, to have an understanding of potential surgical complications and how to deal with them when they occur

Knowledge criteria	Clinical competency	Professional skills and attitudes	Training support	Evidence/assessment
 Urodynamic stress incontinence: Colposuspension (open and/or laparoscopic) Mid-urethral slings Bladder-neck injections Secondary surgery for urodynamic stress incontinence Detrusor overactivity Botulinum toxin injections Sacral nerve stimulation Voiding difficulties: Urethral dilatation Postoperative problems Advantages/disadvantages of different techniques Pelvic organ prolapse: Anterior and posterior repairs Paravaginal repair Vaginal hysterectomy Uterosacral plication or McCall culdoplasty for vault support at hysterectomy Mesh repair Vault prolapse: Sacrospinous fixation Sacrocolpopexy (open and laparoscopic) 	Counsel patients appropriately Perform procedures for treatment of urodynamic stress incontinence: Mid-urethral slings: - transobturator - retropubic Bladder neck injections Secondary surgery for urodynamic stress incontinence Management of mid-urethral tape mesh complications involving bladder or urethra Perform repair of pelvic organ prolapse: Anterior repair Paravaginal repairs Vaginal hysterectomy Posterior repair Uterosacral plication or McCalls culdoplasty for vault support at hysterectomy Mesh repairs Perform repair of vault prolapse: Sacrospinous fixation Sacrocolpopexy (open and/or laparoscopic) Other vaginal procedures.	 Ability to perform procedures for treatment of urodynamic stress incontinence: Mid-urethral slings Autologous slings and / or bladder neck injections Secondary surgery for urodynamic stress incontinence Ability to manage vaginal /bladder/ urethral / mesh erosion post mid-urethral tape Ability to perform repair of pelvic organ prolapse: Anterior repair Vaginal hysterectomy Posterior repair Uterosacral placation Mesh repairs Ability to perform repair of vault prolapse: Sacrocolpopexy (open and/or laparoscopic) Other vaginal procedures 	Direct observation/ supervision Training programme	Logbook of competences and experience Feedback from trainer OSATS: • Mid-urethral slings • Vaginal hysterectomy and anterior repair • Posterior repair • Sacrospinous fixation • Sacrocolpopexy Annual subspecialty assessment Attendance at multi-professional team meetings



Other vaginal procedures		professionals	
	Manage complications of surgical procedures Counsel patients with failed previous surgery Management of postoperative voiding dysfunction including obstructive causes	Ability to counsel patients Ability to formulate a management plan and modify if necessary	
	Instruct patients in techniques for treatment of voiding difficulties		



Madula 2: Surgical Tractmenta	Competer	nce Level				Not required
Module 3: Surgical Treatments		Level 1		Level 2		Level 3
	Date	Signature	Date	Signature	Date	Signature
Bladder biopsy						
Bladder neck Injection						
Cystoscopy with botulinum injections						
Colposuspension						
Transobturator midurethral sling						
Retropubic midurethral sling						
Urethral dilatation						
Management of mid-urethral tape mesh complications involving bladder or urethra						
Anterior repair						



Madula 2: Surrigel Treatments (continued)	Competence Level					Not required
Module 3: Surgical Treatments (continued)		Level 1		Level 2		Level 3
	Date	Signature	Date	Signature	Date	Signature
Posterior repair						
Hysterectomy for prolapse						
Uterus-conserving uterine prolapse surgery						
Mesh prolapse repair						
McCall Culdoplasty or uterosacral plication at vaginal hysterectomy						
Sacrospinous fixation						
Sacrocolpopexy (open or laparoscopic)						
Other prolapse operations, e.g. colpocleisis						
Management of intraoperative bladder injury						



Authorisation of signatures (to be completed by the clinical trainers)				
Name of clinical trainer (please print)	Signature of clinical trainer			



OSATS	Each OSATS should be successfully completed for Independent Practice on 3 occasions before the module can be sign					
	Date	Date	Date			
Midurethral slings	Signature	Signature	Signature			
Vaginal hysterectomy and anterior repair	Date	Date	Date			
	Signature	Signature	Signature			
B / · · · ·	Date	Date	Date			
Posterior repair	Signature	Signature	Signature			
• • • •	Date	Date	Date			
Sacrospinous fixation	Signature	Signature	Signature			
Sacrocolpopexy	Date	Date	Date			
	Signature	Signature	Signature			

COMPLETION OF MODULE 3							
I confirm that all components of the module have been successfully completed:							
Date	te Name of subspecialty training programme supervisor Signature of subspecialty training programme supervisor						



Module 4: Urology

- To understand and demonstrate a knowledge of specialist surgical treatments for urodynamic stress incontinence and detrusor overactivity
- To understand fistula management and be able to diagnose and treat urethral diverticula
- To be able to diagnose ureteric problems and use stents appropriately
- To understand the principles of ureteric reimplantation, anastomosis and nephrostomy

Knowledge criteria	Clinical competency	Professional skills and attitudes	Training support	Evidence/assessment
Surgical principles for the treatment of complex urodynamic stress incontinence and detrusor overactivity: • Fascial slings • Artificial urinary sphincters • Augmentation cystoplasty • Urinary diversion procedures • Botulinum toxin injections Fistulae (vesicovaginal, ureterovaginal, urethrovaginal): • Investigation and diagnostic criteria • Surgical principles of fistula repair and complications that may occur • Urethral diverticula Treatments for ureteric obstruction and ureteric injury: • Ureteric stents (double J stents or ureteric catheters) Surgical principles of ureteric reanastomosis and reimplantation techniques	Determine correct indications for referral for urodynamic stress incontinence and detrusor overactivity Undertake investigations and counsel patients appropriately Diagnose fistulae and order appropriate investigations Diagnose and treat urethral diverticula Insert appropriate ureteric stents	Ability to determine correct indications for referral for urodynamic stress incontinence and detrusor overactivity Ability to assess patients and counsel appropriately Ability to understand and use upper renal tract investigations appropriately Ability to manage ureteric injury and obstruction Ability to insert appropriate ureteric stents	Observation, assisting and discussion with senior medical staff Personal study Appropriate postgraduate education courses Feedback from trainer Work with clinicians in other disciplines e.g. urologists Tailored clinical experience Attachment to radiology department	Case-based discussions Logbook of competences and experience Annual subspecialty assessment



Madula 4: Onecialist Unclose:	Competence Level					Not required	
Module 4: Specialist Urology	Level 1 Level 2			Level 2		Level 3	
	Date	Signature	Date	Signature	Date	Signature	
Fascial sling							
Artificial sphincter							
Clam cystoplasty							
Urinary diversion							
Vesicovaginal fistula repair							
Urethrovaginal fistula repair							
Urethral diverticulum							
Nephrostomy							
Ureteric stenting							
Ureteric reimplantation							
Ureteric reanastomosis							



Authorisation of signatures (to be completed by the clinical trainers)					
Name of clinical trainer (please print)	Signature of clinical trainer				

COMPLETION OF MODULE 4 I confirm that all components of the module have been successfully completed:							
Date	Date Name of subspecialty training programme supervisor Signature of subspecialty training programme supervisor						



Module 5: Colorectal

Learning outcomes:

• To develop the knowledge, skills and attitudes appropriate to understanding the methods of investigations and principles of treatment of patients with colorectal problems

Knowledge criteria	Clinical competency	Professional skills and attitudes	Training support	Evidence/assessment
 Methods of investigations and principles of treatment of incontinence: Secondary anal sphincter repair Bulking agents Pelvic floor exercises Surgical management of rectal prolapse such as delormes,rectopexy Use of constipating agents Methods of investigations and principles of treatment for emptying problems: Use of laxatives / conservative therpies Transanal repair of rectocele Transanal resection (STARR) Methods of investigations and principles of treatment for urgency: Biofeedback Drug treatment Behavioural modification Investigations and principles of treatment of enteric fistulae, including those involving bladder, vagina, anus or perenium 	Understand indications for investigations and interpret results Understand principles of management Repair anal sphincter Appropriate counseling	Ability to observe/undertake investigations and explained rationale Ability to work and communicate with other professionals Ability to counsel patients Ability to formulate a management plan and modify if necessary Ability to repair anal sphincter Ability to work in a multidisciplinary team	Tailored clinical experience May need to rotate to other departments / hospital Anal sphincter repair course Appropriate rotation on training programme	Logbook Annual subspecialty assessment Attendance at appropriate course Feedback from multidisciplinary team meetings Attendance at perineal or nurse-led biofeedback clinics Attendance at anorectal physiology investigation clinics



Madula Er Specialist Coloractel	Competence Level				Not required	
Module 5: Specialist Colorectal		Level 1	Level 2		Level 3	
	Date	Signature	Date	Signature	Date Signature	
Secondary anal sphincter repair						
Trans-anal repair of rectocele						
Recto-vaginal fistula repair						
Stapled transanal rectal resection procedure						
Rectopexy						
Delormes procedure						



Authorisation of signatures (to be completed by the clinical trainers)					
Name of clinical trainer (please print)	Signature of clinical trainer				

COMPLETION OF MODULE 5 I confirm that all components of the module have been successfully completed:							
Date	Date Name of subspecialty training programme supervisor Signature of subspecialty training programme supervisor						



Module 6: Neurology

- ٠
- To understand the effects of neurological conditions on the lower urinary tract To understand and have knowledge of the principles of specialist assessment and treatments for bladder dysfunction ٠

Knowledge criteria	Clinical competency	Professional skills and attitudes	Training support	Evidence/assessment
Effects of neurological conditions on lower urinary tract function Lower urinary tract manifestations of: • Spina bifida • Multiple sclerosis • Parkinson's disease • Spinal cord injury • Lower motor neuropathy • Stroke Pelvic floor electromyogram: • Use of sacral nerve stimulators • Tibial nerve stimulation	Carry out an appropriate neurological examination and order appropriate investigations Interpret pelvic floor electromyogram results Manage patients with neurological conditions affecting the bladder Observation of / direct supervision for sacral neuromodulation	Ability to assess patients and counsel appropriately Ability to understand relationship between neurological conditions and lower urinary tract function Ability to carry out an appropriate neurological examination and order appropriate investigations	Tailored clinical experience Observation of, assisting and discussion with senior medical staff Personal study Appropriate postgraduate education courses Work with other disciplines e.g. neurology	Logbook Annual subspecialty assessment



Medule & Neurolean		Competence Level				Not required	
Module 6: Neurology	Level 1		Level 2		Level 3		
	Date	Signature	Date	Signature	Date	Signature	
Manage patients with neurological conditions affecting the bladder							
Sacral nerve modulation							
Posterior tibial nerve stimulation							



Authorisation of signatures (to be completed by the clinical trainers)					
Name of clinical trainer (please print)	Signature of clinical trainer				

COMPLETION OF MODULE 6 I confirm that all components of the module have been successfully completed:							
Date	Date Name of subspecialty training programme supervisor Signature of subspecialty training programme supervisor						



Generic Subspecialty Curriculum and Log of Competene



Generic Module 1: Communication, team working and leadership skills

- To demonstrate effective communication with patients and colleagues
- To demonstrate good working relationships with colleagues
- To demonstrate the ability to work in clinical teams and have the necessary leadership skills

Knowledge criteria	Clinical competency	Professional skills and attitudes	Training support	Evidence/assessment
Communication: • How to structure a patient interview to identify: • Concerns and priorities • Expectations • Understanding an acceptance • Breaking bad news • Bereavement process and behavior Team working: • Roles and responsibilities of team members • Factors that influence and inhibit team development • Ways of improving team working including: • Objective setting and planning • Motivation and demotivation • Organization • Respect • Contribution of mentoring and supervision Leadership: • Qualities and behavior • Styles • Implementing change and change management (see 7.5)	Communicate both verbally and in writing with patients and relatives, including: • Breaking bad news • Appropriate use of interpreters Communicate effectively with colleagues both verbally and in writing	Ability to communicate effectively with: Colleagues Patients and relatives Ability to break bad news appropriately and to support distress Ability to work effectively within a subspecialty team. Ability to lead a clinical team. Ability to respect others' opinions. Ability to deal with difficult colleagues	Observation of and discussion with senior medical staff	STPS report Team observations (TO1/2 forms)



Module 1: Communication, team working and leadership skills								
Year 1								
Summary of team observations	Unable to comment	Unsatisfactory	Improvement needed	Satisfactory	Good			
Treats women politely and considerately								
Involves woman in decisions about her care								
Respects patient's privacy and dignity								
Respects confidentiality								
Responds when asked to review a patient								
Liaises with colleagues about continuing care of patient								
Works as a member of a team								
Accepts criticism and responds constructively								
Keeps records of acceptable quality								
Keeps up to date with administrative tasks								
Acts with own capability, seeks advice appropriately								
Delegates work/supervises junior staff appropriately								
Manages time effectively								



Comments		



Module 1: Communication, team working and leadership skills									
Year 2									
Summary of team observations	Unable to comment	Unsatisfactory	Improvement needed	Satisfactory	Good				
Treats women politely and considerately									
Involves woman in decisions about her care									
Respects patient's privacy and dignity									
Respects confidentiality									
Responds when asked to review a patient									
Liaises with colleagues about continuing care of patient									
Works as a member of a team									
Accepts criticism and responds constructively									
Keeps records of acceptable quality									
Keeps up to date with administrative tasks									
Acts with own capability, seeks advice appropriately									
Delegates work/supervises junior staff appropriately									
Manages time effectively									



Urogynaecology Subspecialty

Comments		



Date	Name of subspecialty training programme supervisor	Signature of subspecialty training programme supervisor



Generic Module 2: Good Medical Practice and Maintaining Trust

Learning outcomes:

- To inculcate the habit of lifelong learning and continued professional development
- To acquire the knowledge, skills and attitude to act in a professional manner at all times

Knowledge criteria	Clinical competency	Professional skills and attitudes	Training support	Evidence/assessment
Continuing professional development	Recognise and use learning opportunities	Ability to recognise and use learning	Observation of and	STPS report
		opportunities	discussion with senior	
Doctor-patient relationship	Gain informed consent for:		medical staff	Team observations
	 Patient care and procedures 	Ability to learn from colleagues and		
ersonal health	Research	experience		
Inderstanding of relevance of:		Ability to work independently but seek advice		
 The Hong Kong College of Obstetricians and Gynaecologists 		appropriately		
Hong Kong Medical Council,		Ability to deal appropriately with challenging		
Specialist Societies		behaviour		
 Specialty Training Committee and 				
Postgraduate Dean		Ability to understand:		
Defence Union		Ethical issues relevant to subspecialty		
		Legal responsibility		
Ethical principles:				
 Respect for autonomy 		Ability to recognise:		
 Beneficence and non-malfeasance 		Own limitations		
Justice		When personal health takes priority over		
		work pressure		
informed consent		Ability to gain informed consent		
Confidentiality				
Legal issues:				
Death certification				
Mental illness				
 Advance directives, living wills 				



Date	Name of subspecialty training programme supervisor	Signature of subspecialty training programme supervisor



Generic Module 3: Teaching

Learning outcomes:

• To understand and demonstrate appropriate skills and attitudes in relation to teaching

Knowledge criteria	Clinical competency	Professional skills and attitudes	Training support	Evidence/assessment
Teaching strategies appropriate to adult leaning HKCOG core and advanced training relevant to subspecialty	 Prepare and deliver a teaching session: Small group (less than 10 people) Large group (more than 20 people) At the bedside 	Ability to communicate effectively Ability to teach postgraduates on topic(s) relevant to subspecialty using appropriate teaching resources	Observation of and discussion with senior medical staff Appropriate postgraduate	Log of experience and competence
Identification of learning principles, needs and styles Principles of evaluation	Teach practical procedures, including ultrasound	Ability to organise a programme of postgraduate education, e.g. short course or multidisciplinary meeting	courses	



	Module 3: Teaching			
Teaching	Date	Signature	Comments	
Prepare and deliver a teaching session: small group				
Prepare and deliver a teaching session: large group				
Organise short course or multidisciplinary meeting				



Date	Name of subspecialty training programme supervisor	Signature of subspecialty training programme supervisor



Generic Module 4: Research

Learning outcomes:

• Understand and demonstrate appropriate skills and attitudes in relation to research relevant to the subspecialty

	Professional skills and attitudes	Training support	Evidence/assessment
Randomised trials and meta-analysishypotheStatistical tests:• Conduct exp• Parametric tests• Perform statistical	ce experiment ypothesis and design experiment to test sis Ability to critically appraise scientific st ole	senior staff (clinicians, scientists, statisticians) Attendance at scientific meetings Personal study Appropriate postgraduate	Peer-reviewed publications and/or higher degree



Generic Module 4: Research
Papers published in citable refereed MEDLING journals during training
Full reference



Generic Module 4: Research	
Other publications during training	
Full reference	



	Generic Module 4: Research				
Scientific presentat	Scientific presentations during training				
Date	Meeting	Title of presentation			



Date	Name of subspecialty training programme supervisor	Signature of subspecialty training programme supervisor



Generic Module 5: Clinical Governance and Risk Management

Learning outcomes:

• To understand and demonstrate appropriate knowledge and skills in relation to clinical governance and risk management

Knowledge criteria	Clinical competency	Professional skills and attitudes	Training support	Evidence/assessment
 Clinical governance: Organisational framework at local, strategic health authority and national levels Standards, e.g. National Service Framework, National Institute for Health and Clinical Excellence, HKCOG guidelines Clinical effectiveness: Principles of evidence-based practice Types of clinical trial and evidence classification Grades of recommendation Guidelines and integrated care pathways Formulation Advantages and disadvantages Clinical audit Patient/user involvement Risk management: Incident and near-miss reporting Complaints management Litigation and claims management Appraisal and revalidation: Principles Process 	 Perform clinical audit: Define standard based on evidence Prepare project and collate data Reaudit and close audit loop Formulate policy Develop and implement a clinical guideline: Purpose and scope Identify and classify evidence Formulate recommendations Identify auditable standards Participate in risk management: Investigate a critical incident Assess risk Formulate recommendations Debrief staff Perform appraisal 	Ability to practice evidence-based medicine Ability to perform a clinical audit relevant to subspecialty Ability to develop and implement a clinical guideline relevant to subspecialty Ability to report and investigate a critical incident Ability to respond to a complaint in a focused and constructive manner Ability to perform appraisal	Observation of and discussion with senior medical staff and clinical governance team Attendance at risk management meetings Department of Health, HKCOG and NHS trust publications	Log of experience and competence STPS report



Module 5: Clinical Governance and Risk Management				
Audit(s)				
Title	Date	Signature	Comments	



Module 5: Clinical Governance and Risk Management					
Guideline(s) developed	Buideline(s) developed				
Title	Date	Signature	Comments		



		Module 5: Clinical Gove	rnance and Risk Management
	Date	Signature	Comments
Report and investigation of a critical incident			
Respond to a complaint in focused and constructive manner			
Performance of appraisal			



Date	Name of subspecialty training programme supervisor	Signature of subspecialty training programme supervisor



Generic Module 6: Administration and Service Management

Learning outcomes:

- To understand the structure and organization of the NHS nationally and locally
- To understand and demonstrate appropriate skills and attitudes in relation to administration and management

Knowledge criteria	Clinical competency	Professional skills and attitudes	Training support	Evidence/assessment
Organisation of Hospital Authority and Department of Health Manage clinical network for subspecialty service Health and safety Management: • Strategy development • Business planning • Project management Financial resource management Human resources: • Team building • Appointments procedures • Disciplinary procedures	Clinical competency Develop and implement organisational change: Develop strategy Formulate a business plan Manage project Participate in recruitment: Job specification Interview Selection 	Professional skills and attitudesAbility to develop and implement organisational changeAbility to collaborate with: Other professions Other agenciesAbility to develop interviewing techniques and those required for performance review	Training support Observation of and discussion with senior medical and management staff Attendance at directorate management meetings and interviews Management course	Evidence/assessment Logbook of experience and competence STPS report
Scrutiny of organization:Healthcare CommissionGMC /educational visits				



Date	Name of subspecialty training programme supervisor	Signature of subspecialty training programme supervisor



Generic Module 7: Information use and management

Learning outcomes:

• To achieve competence in the use and management of health information

Knowledge criteria	Clinical competency	Professional skills and attitudes	Training support	Evidence/assessment
Input, retrieval and use of data recorded on clinical systems relevant to subspecialty Main local and national projects and initiatives in information technology (IT) and its applications Confidentiality of data: • Principles and implementation	Be able to use relevant: • Software • Databases • Websites	Ability to apply principles of confidentiality in context	Observation of and discussion with senior medical staff World wide web	STPS report



Date	Name of subspecialty training programme supervisor	Signature of subspecialty training programme supervisor



Urogynaecology Subspecialty

Log of Experience



Urodynamics

Date	Level of supervision	Complications (intraoperative and postoperative)	Reflective Comments



Cystourethroscopy +/- Bladder biopsy

Date	Level of supervision	Complications (intraoperative and postoperative)	Reflective Comments



Insertion of suprapubic catheter

Date	Level of supervision	Complications (intraoperative and postoperative)	Reflective Comments



Bladder neck injection

Date	Level of supervision	Complications (intraoperative and postoperative)	Reflective Comments



Transobturator midurethral sling

Level of supervision	Complications (intraoperative and postoperative)	Reflective Comments



Retropubic midurethral sling

Date	Level of supervision	Complications (intraoperative and postoperative)	Reflective Comments



Management of mid-urethral tape complications

Date	Level of supervision	Complications (intraoperative and postoperative)	Reflective Comments



Anterior repair

Date	Level of supervision	Complications (intraoperative and postoperative)	Reflective Comments



Posterior repair

Date	Level of supervision	Complications (intraoperative and postoperative)	Reflective Comments



Hysterectomy for prolapse

Level of supervision	Complications (intraoperative and postoperative)	Reflective Comments
		Level of supervision Complications (intraoperative and postoperative) Image:



Uterus-conserving uterine prolapse surgery

Date	Level of supervision	Complications (intraoperative and postoperative)	Reflective Comments



Mesh prolapse repair

Reflective Comments



McCall Culdoplasty

Date	Level of supervision	Complications (intraoperative and postoperative)	Reflective Comments



Sacrospinous fixation

Reflective Comments



Sacrocolpopexy (laparoscopic or open)

Date	Level of supervision	Complications (intraoperative and postoperative)	Reflective Comments



Other prolapse operations, e.g. colpocleisis (please specify type of operation)

Date	Level of supervision	Complications (intraoperative and postoperative)	Reflective Comments



Management of intraoperative bladder injury

Date	Level of supervision	Complications (intraoperative and postoperative)	Reflective Comments



Urology Surgeries (e.g. Fistula repair, Clam cystoplasty, Urinary diversion, Urethral diverticulum, ureteric stenting, reimplantation and reanastomosis)

Date	Level of supervision	Complications (intraoperative and postoperative)	Reflective Comments



Colorectal Surgeries (e.g. Fistula repair, Rectopexy, Trans-anal repair of rectocele, Delormes procedure)

Date	Level of supervision	Complications (intraoperative and postoperative)	Reflective Comments



Anal sphincter repair

Date	Level of supervision	Complications (intraoperative and postoperative)	Reflective Comments



Botulinum injections to bladder

Date	Level of supervision	Complications (intraoperative and postoperative)	Reflective Comments



Posterior tibial nerve simulation

Reflective Comments



Miscellaneous (list any procedures which do not fit into anyof the categories above)

Date	Level of supervision	Complications (intraoperative and postoperative)	Reflective Comments



Urogynaecology Subspecialty

Generic Technical Skills Assessment



GENERIC TECHNICAL SKILLS ASSESSMENT

Assessor, please ring the candidate's performance for each of the following factors:

	E (1 1		
	Frequently used	Careful handling of tissue	Consistently handled
	unnecessary force on	but occasionally causes	tissues appropriately
Respect for tissue	tissue or caused damage	inadvertent damage	with minimal damage
	by inappropriate use of		
	instruments		
	Many unnecessary	Makes reasonable progress	Economy of movement and
Time, motion and flow	moves.	but some unnecessary	maximum efficiency.
of operation and	Frequently stopped	moves	Obviously planned course
	operating or needed to	Sound knowledge of	of operation with effortless
forward planning	discuss next move.	operation but slightly	flow from one move to the
		disjointed at times	next.
Va andadaa aa d	Lack of knowledge of	Competent use of	Obvious familiarity with
Knowledge and	instruments.	instruments but	instruments.
handling of		occasionally awkward or	
instruments		tentative	
	Placed sutures	Knotting and suturing	Consistently placed sutures
	inaccurately or tied	usually reliable but	accurately with appropriate
Suturing & knotting	knots insecurely, and	sometimes awkward	and secure knots, and with
skills	lacked attention to		proper attention to safety.
	safety.		r r
	Consistently placed	Appropriate use of	Strategically used assistants
	assistants poorly or	assistant most of the time	to the best advantage at all
Technical use of	failed to use assistants.	Reasonable	times.
assistants	Communicated poorly	communication and	Consistently communicated
	or frequently showed	awareness of the needs of	and acted with awareness of
	lack of awareness of the	the patient and/or of the	the needs of the patient
Relations with patient	needs of the patient	professional team	and/or of the professional
and the surgical team	and/or the professional	proressional team	team
	team		
T . 1 // A // A	Poor understanding of	Some understanding of	Fully understands areas of
Insight/Attitude	areas of weakness	areas of weakness	weakness
	Limited documentation	Adequate documentation,	Comprehensive legible
Documentation of	Poorly written	but with some omissions,	documentation, indicating
Procedures		or areas that need	findings, procedure and
		elaborating	postoperative management

Based on the checklist and the Generic Technical Skills Assessment, Dr

is competent in all areas included in this OSATS.



is working towards competence.

Needs further help with: *	Competent to perform the entire procedure without the need for supervision	
*		
Date	Date	
Signed (trainer)	Signed	
Signed (trainee)	Signed	

* Delete where applicable, and date and sign the relevant box



Urogynaecology Subspecialty

Workplace Assessment Pages – Generic formative



OSATS Supervised Learning Event

Trainee name:	StR Year:	Date:
Trainer name:	Grade:	
Procedure:		
Clinical details and complexity:		

This is a **formative** tool designed to give feedback to the trainee about their performance in **this** procedure. Please provide specific, constructive **feedback** to the trainee in verbal and written forms in the box below that you feel will enhance training. There is **NO** overall judgement relating to competence for this event.

The following areas are suggestions to consider about the **overall** observed performance. This includes both the technical and non-technical skills necessary for the procedure and is not an exhaustive list.

Communication with patients and/or relatives
Use of assistants
Communication with staff
Forward planning
Dealing with problems and/or difficulties
Documentation
Safety considerations

Feedback (continued overleaf):

What went well?



What could have gone better?

Learning Plan:

Trainee signature:

Trainer signature:

Trainee Reflection:



Urogynaecology Subspecialty

Workplace Assessment Pages -Specific



Objective structured assessment of technical skill

URODYNAMICS

Trainee name:	Year of	Date:	
	training:		
Assessor name:			
Clinical details			

Case	complexity:	Low	
0400	oompioxity.		

Medium 🗌

🗌 🛛 High 🗌

Item under observation	Performed independently	Needs help
	PLEASE TICK REI	_EVANT BOX
Checks for UTI test results		
Gives antibiotics as appropriate		
Obtains appropriate consent		
Is able to set up machine and check calibration		
Obtains free flow at start of test		
Cleans external urethral meatus		
Inserts bladder line and catheter appropriately		
Checks urinary residual		
Vaginal examination as appropriate		
Inserts rectal line		
Balances pressure lines		
Performs filling cytometry		
Undertakes appropriate provocation tests		
Appropriate stress testing		
Obtains pressure/voiding trace		
Removes lines		
Obtains post-test residual		
Comments		



Objective structured assessment of technical skill VAGINAL HYSTERECTOMY AND ANTERIOR REPAIR

Trainee name:		Year of		Date:	
Assessor name:		training:			
Assessor name:					
Clinical details					
Case complexity:	Low 🗌 Medium		High 🗌		
Item under observ	otion			ormed ndently	Needs help
item under observ	ation				LEVANT BOX
Obtain appropriate	consent				
Correct use of antib	iotics				
Patient positioned c	correctly on the operating ta	able			
Clean and drape co	rrectly				
Assess prolapse un	der anaesthesia				
Appropriate infiltrati	on				
Appropriate vaginal	incision				
Mobilise the bladde	r				
Enter pouch of Dou	glas correctly				
Clamp, divide and li	igate pedicles, as appropri	ate			
Check for haemosta	asis				
Close vault and per	itoneum, as appropriate				
Incorporate adequa	te vaginal vault support				
Insert appropriate b	ladder supporting sutures				
Excise excess tissue correctly					
Close anterior vaginal wall					
Drainage of bladder	r, as appropriate				
Insert pack, as appr	ropriate				
Comments					



GENERIC TECHNICAL SKILLS ASSESSMENT

Assessor, please ring the candidate's performance for each of the following factors:

Respect for tissue	Frequently used unnecessary force on tissue or caused damage by inappropriate use of instruments	Careful handling of tissue but occasionally causes inadvertent damage	Consistently handled tissues appropriately with minimal damage
Time, motion and flow of operation and forward planning	Many unnecessary moves. Frequently stopped operating or needed to discuss next move.	Makes reasonable progress but some unnecessary moves Sound knowledge of operation but slightly disjointed at times	Economy of movement and maximum efficiency. Obviously planned course of operation with effortless flow from one move to the next.
Knowledge and handling of instruments	Lack of knowledge of instruments.	Competent use of instruments but occasionally awkward or tentative	Obvious familiarity with instruments.
Suturing & knotting skills	Placed sutures inaccurately or tied knots insecurely, and lacked attention to safety.	Knotting and suturing usually reliable but sometimes awkward	Consistently placed sutures accurately with appropriate and secure knots, and with proper attention to safety.
Technical use of assistants Relations with patient and the surgical team	Consistently placed assistants poorly or failed to use assistants. Communicated poorly or frequently showed lack of awareness of the needs of the patient and/or the professional team	Appropriate use of assistant most of the time Reasonable communication and awareness of the needs of the patient and/or of the professional team	Strategically used assistants to the best advantage at all times. Consistently communicated and acted with awareness of the needs of the patient and/or of the professional team
Insight/Attitude	Poor understanding of areas of weakness	Some understanding of areas of weakness	Fully understands areas of weakness
Documentation of Procedures	Limited documentation Poorly written	Adequate documentation, but with some omissions, or areas that need elaborating	Comprehensive legible documentation, indicating findings, procedure and postoperative management

Based on the checklist and the Generic Technical Skills Assessment, Dr

is competent in all areas included in this OSATS.



is working towards competence.



Needs further help with:	Competent to perform the entire
*	procedure without the need for
	supervision
*	
	Date
Date	
	Signed
Signed (trainer)	
	Signed
Signed (trainee)	-

 * Delete where applicable, and date and sign the relevant box



Objective structured assessment of technical skill

VAGINAL MESH PROLAPSE REPAIR

Trainee name:	Year of	Date:	
	training:		
Assessor name:			

Clinical details	

High 🗌

Case complexity:	Low 🗌	Medium 🗌	
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Item under observation	Performed independently	Needs help
	PLEASE TICK RE	LEVANT BOX
Obtain appropriate consent		
Correct use of antibiotics		
Patient positioned correctly on the operating table		
Clean and drape correctly		
Patient catheterised throughout		
Correct incisions		
Assess prolapse under anaesthesia		
Appropriate infiltration		
Appropriate vaginal incision		
Mobilize bladder / rectum		
Appropriate choice and placement of mesh		
Adjustment of tension		
Appropriate closure of wounds		
Drain bladder appropriately		
Cystoscopy intraoperatively, as appropriate		
Comments		



GENERIC TECHNICAL SKILLS ASSESSMENT

Assessor, please ring the candidate's performance for each of the following factors:

Respect for tissue	Frequently used unnecessary force on tissue or caused damage by inappropriate use of instruments	Careful handling of tissue but occasionally causes inadvertent damage	Consistently handled tissues appropriately with minimal damage
Time, motion and flow of operation and forward planning	Many unnecessary moves. Frequently stopped operating or needed to discuss next move.	Makes reasonable progress but some unnecessary moves Sound knowledge of operation but slightly disjointed at times	Economy of movement and maximum efficiency. Obviously planned course of operation with effortless flow from one move to the next.
Knowledge and handling of instruments	Lack of knowledge of instruments.	Competent use of instruments but occasionally awkward or tentative	Obvious familiarity with instruments.
Suturing & knotting skills	Placed sutures inaccurately or tied knots insecurely, and lacked attention to safety.	Knotting and suturing usually reliable but sometimes awkward	Consistently placed sutures accurately with appropriate and secure knots, and with proper attention to safety.
Technical use of assistants Relations with patient and the surgical team	Consistently placed assistants poorly or failed to use assistants. Communicated poorly or frequently showed lack of awareness of the needs of the patient and/or the professional team	Appropriate use of assistant most of the time Reasonable communication and awareness of the needs of the patient and/or of the professional team	Strategically used assistants to the best advantage at all times. Consistently communicated and acted with awareness of the needs of the patient and/or of the professional team
Insight/Attitude	Poor understanding of areas of weakness	Some understanding of areas of weakness	Fully understands areas of weakness
Documentation of Procedures	Limited documentation Poorly written	Adequate documentation, but with some omissions, or areas that need elaborating	Comprehensive legible documentation, indicating findings, procedure and postoperative management

Based on the checklist and the Generic Technical Skills Assessment, Dr

is competent in all areas included in this OSATS.

is working towards competence.



Needs further help with:	Competent to perform the entire
*	procedure without the need for
	supervision
*	
Date	Date
Signed (trainer)	Signed
	Cigilia
Signed (trainee)	Signed

* Delete where applicable, and date and sign the relevant box



Objective structured assessment of technical skill

CYSTOSCOPY

Trainee name:	Year of training:	Date:	
Assessor name:			

Clinical details

Case complexity:	Low	Medium 🗌	High 🗌
ease complexity.			<u>g</u>

Item under observation		Performed independently	Needs help
		PLEASE TICK REI	LEVANT BOX
Obtain appropriate co	onsent		
Clean and drape corr	rectly		
Choose correct scope	e		
Assemble scope corr	rectly		
Visualise whole blade	der		
Identify ureteric orifices			
Observe the urethra			
Appropriate use of ar	ntibiotics		
Empty bladder at end	d of procedure		
Comments			



Urogynaecology Subspecialty

Objective structured assessment of technical skill

MIDURETHRAL SLING / TRANSOBTURATOR SLING

Trainee name:		Year of		Date:	
		training:			
Assessor name:					
Clinical details					
Case complexity:	Low 🗌 Medium		High 🗌		
Item under observ	vation			ormed ndently	Needs help
			PLEAS	SE TICK RE	LEVANT BOX
Obtain appropriate	consent				
Correct use of antik	piotics				
Patient positioned correctly on the operating table					
Clean and drape co	prrectly				
Choose appropriate	e tape				
Catheterise through	nout the operation				
Appropriate infiltrat	ion				
Appropriate vaginal	lincision				
Appropriate dissect	lion				
Identify exit points a	and incise skin, as appropr	iate			
Pass needles corre	ectly				
Adjust tension correctly					
Repair incisions					
Carry out intraoperative cystoscopy with 700 scope as appropriate for the procedure					
Comments					



GENERIC TECHNICAL SKILLS ASSESSMENT

Assessor, please ring the candidate's performance for each of the following factors:

Respect for tissue	Frequently used unnecessary force on tissue or caused damage by inappropriate use of instruments	Careful handling of tissue but occasionally causes inadvertent damage	Consistently handled tissues appropriately with minimal damage
Time, motion and flow of operation and forward planning	Many unnecessary moves. Frequently stopped operating or needed to discuss next move.	Makes reasonable progress but some unnecessary moves Sound knowledge of operation but slightly disjointed at times	Economy of movement and maximum efficiency. Obviously planned course of operation with effortless flow from one move to the next.
Knowledge and handling of instruments	Lack of knowledge of instruments.	Competent use of instruments but occasionally awkward or tentative	Obvious familiarity with instruments.
Suturing & knotting skills	Placed sutures inaccurately or tied knots insecurely, and lacked attention to safety.	Knotting and suturing usually reliable but sometimes awkward	Consistently placed sutures accurately with appropriate and secure knots, and with proper attention to safety.
Technical use of assistants Relations with patient and the surgical team	Consistently placed assistants poorly or failed to use assistants. Communicated poorly or frequently showed lack of awareness of the needs of the patient and/or the professional team	Appropriate use of assistant most of the time Reasonable communication and awareness of the needs of the patient and/or of the professional team	Strategically used assistants to the best advantage at all times. Consistently communicated and acted with awareness of the needs of the patient and/or of the professional team
Insight/Attitude	Poor understanding of areas of weakness	Some understanding of areas of weakness	Fully understands areas of weakness
Documentation of Procedures	Limited documentation Poorly written	Adequate documentation, but with some omissions, or areas that need elaborating	Comprehensive legible documentation, indicating findings, procedure and postoperative management

Based on the checklist and the Generic Technical Skills Assessment, Dr

is competent in all areas included in this OSATS.

is working towards competence.



Needs further help with:	Competent to perform the entire
*	procedure without the need for
	supervision
*	
Date	Date
Signed (trainer)	Signed
Signed (trainee)	Signed

* Delete where applicable, and date and sign the relevant box



Objective structured assessment of technical skill

POSTERIOR REPAIR

Trainee name:	Year of	Date:	
	training:		
Assessor name:			

High 🗌

Case complexity: Low Medium	Case complexity:	Low	Medium	
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Item under observation	Performed independently	Needs help
	PLEASE TICK RELEVANT BOX	
Obtain appropriate consent		
Correct use of antibiotics		
Patient positioned correctly on the operating table		
Clean and drape correctly		
Assess prolapse under anaesthesia		
Appropriate infiltration		
Appropriate vaginal incision		
Mobilise the rectum		
Insert appropriate supporting sutures		
Excise appropriately excess vaginal tissue		
Drainage of bladder, as appropriate		
Pack inserted, as appropriate		
Intraoperative rectal examination, as appropriate		
Comments		



GENERIC TECHNICAL SKILLS ASSESSMENT

Assessor, please ring the candidate's performance for each of the following factors:

Respect for tissue	Frequently used unnecessary force on tissue or caused damage by inappropriate use of instruments	Careful handling of tissue but occasionally causes inadvertent damage	Consistently handled tissues appropriately with minimal damage
Time, motion and flow of operation and forward planning	Many unnecessary moves. Frequently stopped operating or needed to discuss next move.	Makes reasonable progress but some unnecessary moves Sound knowledge of operation but slightly disjointed at times	Economy of movement and maximum efficiency. Obviously planned course of operation with effortless flow from one move to the next.
Knowledge and handling of instruments	Lack of knowledge of instruments.	Competent use of instruments but occasionally awkward or tentative	Obvious familiarity with instruments.
Suturing & knotting skills	Placed sutures inaccurately or tied knots insecurely, and lacked attention to safety.	Knotting and suturing usually reliable but sometimes awkward	Consistently placed sutures accurately with appropriate and secure knots, and with proper attention to safety.
Technical use of assistants Relations with patient and the surgical team	Consistently placed assistants poorly or failed to use assistants. Communicated poorly or frequently showed lack of awareness of the needs of the patient and/or the professional team	Appropriate use of assistant most of the time Reasonable communication and awareness of the needs of the patient and/or of the professional team	Strategically used assistants to the best advantage at all times. Consistently communicated and acted with awareness of the needs of the patient and/or of the professional team
Insight/Attitude	Poor understanding of areas of weakness	Some understanding of areas of weakness	Fully understands areas of weakness
Documentation of Procedures	Limited documentation Poorly written	Adequate documentation, but with some omissions, or areas that need elaborating	Comprehensive legible documentation, indicating findings, procedure and postoperative management

Based on the checklist and the Generic Technical Skills Assessment, Dr

is competent in all areas included in this OSATS.

is working towards competence.



Needs further help with:	Competent to perform the entire
*	procedure without the need for
	supervision
*	
Date	Date
Signed (trainer)	Signed
Signed (trainee)	Signed

* Delete where applicable, and date and sign the relevant box



Objective structured assessment of technical skill SACROCOLPOPEXY (Open / Laparoscopic)

Trainee name:	Year of training:	Date:	
Assessor name:			
Clinical details			

Case complexity:

Low 🗌 Medium 🗌

High 🗌

Item under observation	Performed independently	Needs help	
	PLEASE TICK RELEVANT BOX		
Obtain appropriate consent			
Correct use of antibiotics			
Patient positioned correctly on the operating table			
Clean and drape correctly			
Patient catheterised throughout			
Correct incisions			
Deal with adhesions, as necessary			
Identify ureters			
Identify vaginal vault, bladder and rectum			
Reflect peritoneum off the vault/bladder/rectum, as			
appropriate			
Open peritoneum over promontory			
Choose appropriate mesh and suture for operation			
Attach mesh to vagina and promontory appropriately with correct tension			
Bury mesh, as appropriate			
Drain, if appropriate			
Close incisions correctly			
Drain bladder appropriately			
Comments			



GENERIC TECHNICAL SKILLS ASSESSMENT

Assessor, please ring the candidate's performance for each of the following factors:

Respect for tissue	Frequently used unnecessary force on tissue or caused damage by inappropriate use of instruments	Careful handling of tissue but occasionally causes inadvertent damage	Consistently handled tissues appropriately with minimal damage
Time, motion and flow of operation and forward planning	Many unnecessary moves. Frequently stopped operating or needed to discuss next move.	Makes reasonable progress but some unnecessary moves Sound knowledge of operation but slightly disjointed at times	Economy of movement and maximum efficiency. Obviously planned course of operation with effortless flow from one move to the next.
Knowledge and handling of instruments	Lack of knowledge of instruments.	Competent use of instruments but occasionally awkward or tentative	Obvious familiarity with instruments.
Suturing & knotting skills	Placed sutures inaccurately or tied knots insecurely, and lacked attention to safety.	Knotting and suturing usually reliable but sometimes awkward	Consistently placed sutures accurately with appropriate and secure knots, and with proper attention to safety.
Technical use of assistants Relations with patient and the surgical team	Consistently placed assistants poorly or failed to use assistants. Communicated poorly or frequently showed lack of awareness of the needs of the patient and/or the professional team	Appropriate use of assistant most of the time Reasonable communication and awareness of the needs of the patient and/or of the professional team	Strategically used assistants to the best advantage at all times. Consistently communicated and acted with awareness of the needs of the patient and/or of the professional team
Insight/Attitude	Poor understanding of areas of weakness	Some understanding of areas of weakness	Fully understands areas of weakness
Documentation of Procedures	Limited documentation Poorly written	Adequate documentation, but with some omissions, or areas that need elaborating	Comprehensive legible documentation, indicating findings, procedure and postoperative management

Based on the checklist and the Generic Technical Skills Assessment, Dr

is competent in all areas included in this OSATS.



is working towards competence.



Needs further help with:	Competent to perform the entire
*	procedure without the need for
	supervision
*	
Date	Date
Signed (trainer)	Signed
Signed (trainee)	Signed

* Delete where applicable, and date and sign the relevant box



Objective structured assessment of technical skill

SACROSPINOUS FIXATION

Trainee name:	Year of training:	Date:	
Assessor name:			

Clinical details	

Case complexity: Low	complexity: Low	
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Medium	High	

Item under observation	Performed independently	Needs help
	PLEASE TICK REI	_EVANT BOX
Obtain appropriate consent		
Correct use of antibiotics		
Patient positioned correctly on the operating table		
Clean and drape correctly		
Assess prolapse under anaesthesia		
Appropriate infiltration		
Appropriate vaginal incision		
Mobilise the rectum		
Open the pararectal space to identify sacrospinous		
ligament		
Place suture through ligament		
Check correct hold of suture		
Attach sutures to vault		
Excise appropriate excess tissue		
Posterior repair, as required		
Close vagina		
Pack and catheter, as appropriate		
Comments		



GENERIC TECHNICAL SKILLS ASSESSMENT

Assessor, please ring the candidate's performance for each of the following factors:

Respect for tissue Time, motion and	Frequently used unnecessary force on tissue or caused damage by inappropriate use of instruments Many unnecessary moves. Frequently stopped	Careful handling of tissue but occasionally causes inadvertent damage Makes reasonable progress but some unnecessary moves	Consistently handled tissues appropriately with minimal damage Economy of movement and maximum efficiency.
flow of operation and forward planning	operating or needed to discuss next move.	Sound knowledge of operation but slightly disjointed at times	Obviously planned course of operation with effortless flow from one move to the next.
Knowledge and handling of instruments	Lack of knowledge of instruments.	Competent use of instruments but occasionally awkward or tentative	Obvious familiarity with instruments.
Suturing & knotting skills	Placed sutures inaccurately or tied knots insecurely, and lacked attention to safety.	Knotting and suturing usually reliable but sometimes awkward	Consistently placed sutures accurately with appropriate and secure knots, and with proper attention to safety.
Technical use of assistants Relations with patient and the surgical team	Consistently placed assistants poorly or failed to use assistants. Communicated poorly or frequently showed lack of awareness of the needs of the patient and/or the professional team	Appropriate use of assistant most of the time Reasonable communication and awareness of the needs of the patient and/or of the professional team	Strategically used assistants to the best advantage at all times. Consistently communicated and acted with awareness of the needs of the patient and/or of the professional team
Insight/Attitude	Poor understanding of areas of weakness	Some understanding of areas of weakness	Fully understands areas of weakness
Documentation of Procedures	Limited documentation Poorly written	Adequate documentation, but with some omissions, or areas that need elaborating	Comprehensive legible documentation, indicating findings, procedure and postoperative management

Based on the checklist and the Generic Technical Skills Assessment, Dr

is competent in all areas included in this OSATS.

is working towards competence.



Needs further help with:	Competent to perform the entire	
*	procedure without the need for	
	supervision	
*		
Date	Date	
Signed (trainer)	Signed	
Signed (trainee)	Signed	

* Delete where applicable, and date and sign the relevant box



Urogynaecology Subspecialty

Workplace Assessment Pages -Summative



OSATS Assessment of Performance

Trainee name:	StR Year:	Date:
Trainer name:	Grade:	
Procedure:		
Clinical details and complexity:		
Degree of difficulty: Basic/Intermediate/Adva	nced Encounter	requested in advance: Yes / No

This assessment is a mandatory, summative tool designed to:

- 1. Enable judgement of surgical competency in this procedure and
- 2. To provide specific, constructive **feedback** to the trainee about their performance.

There is a judgement to be made in this assessment relating to the overall performance observed: **competent** or **working towards competence**.

Trainees require a minimum of three procedures deemed competent per core procedure, by more than one assessor, including a consultant or post-CCT holder. This judgement is **specific** to **this assessment only**.

The following anchor statements are for general guidance about the overall observed level of performance. Suggestions for areas to consider during the assessment are listed overleaf.

For the trainee considered competent in the observed procedure it would generally be expected that:

• The trainee was able to perform all aspects of the procedure safely and competently with no or minimal need for help, or in the context of an unexpectedly difficult case, may have needed more assistance for the more difficult aspects of the procedure.

For the trainee considered to be working towards competence it would generally be expected that:

- The trainee required significant help throughout or with the majority of steps
- The trainee was unable to perform any of the necessary procedures to be safe and competent at this stage

This trainee performed this observed procedure competently*

This trainee is working towards competence in this procedure*

*Delete as appropriate

Please provide written feedback for the trainee regarding their performance in the box provided overleaf in addition to your direct verbal feedback.



The following areas are suggestions to consider about the overall observed performance. This includes both the technical and non-technical skills necessary for the procedure and is not an exhaustive list.

ſ	Checking equipment/environment	Communication with patients and/or relatives
	Peri-operative planning e.g. positioning	Use of assistants
	Technical ability	Communication with staff
	Selection of instruments and equipment	Forward planning
	Economy of movement	Dealing with problems and/or difficulties
	Tissue handling	Documentation
	Completion of task as appropriate	Safety considerations

Feedback:

What went well?					
what went wen?					
What could have gone better?					
Learning plan:					
Zearning Prant					

Trainee signature:

Trainer signature:



Mini-Clinical Evaluation Exercise (CEX)



Mini-Clinical Evaluation Exercise (CEX)

Subspecialty Training (SST) in Urogynaecology

(Please refer to curriculum and logbook for details of expected competences)

Please complete the	questions using a cros	Please use	black ink and CAP	'ITAL LE'	TTERS				
Trainee name:									
Assessor name:									
Date of assessment:				Year of	f Training:				
Clinical Setting:	Acute Admission	OP □	D	In-p □	atient	Other (specify):			
Clinical Problem category:	Incontinence	Pro	lapse	Both □					
New orNew [Follow-up:FU	- i ocus oi cin	nical History □		Diagnosis	Manageme	ent E	xplanatior	1	
Complexity Low □	Average Hig. \Box		sessor's sition:	Consultant	StR (specify	y year)	Sister □		
Please grade the following areas using the scale indicated at right:			expectations completion 2	Borderline for SST completion 3	Meets expectations for SST completion 4	Above exp for SST co 5		U/C*	
1. History Taking									
2. Physical Examination Skills									
3. Communication Skills									
4. Clinical Judgme	nt								
5. Professionalism									
6. Organisation and	d Efficiency								
7. Overall Clinical	Care								

*U/C Please mark this if you have not observed the behaviour and therefore feel unable to comment

Anything especially good?

Suggestions for development:

Agreed action:	
Assessors signature:	Date:
	Time taken for discussion: [] (in minutes)
Assessors Name:	Time taken for feedback: (in minutes)



Case-based Discussion (CbD)



Case-based Discussion (CbD)

(Please refer to	curriculum	(SST) in Urogyna and logbook for detail	ls of expe								
Please compl	ete the que	estions using a cross	8:⊠		Please use black ink and CAPITAL LETTERS						
Trainee name	:										
Assessor nam	ie:										
Date of assess	sment:				Year of	f Training:					
Clinical Setti	ng:	Acute Admission	OP □	D	In-p □	atient	Other (sp	ecify):]		
Clinical Prot	olem	Incontinence	Pro	olapse	Botl	n					
<u>category:</u> New or Follow-up:	New □ FU □	Focus of clin encounter:		listory □	Diagnosis	Managemo		Explanatior □	1		
Complexity of case:	Low	Average High □ □		sessor's sition:	Consultant	StR (specif	(specify year)				
Please grade the scale indi		ving areas using ight:		xpectations completion 2	Borderline for SST completion 3	Meets expectations gor SST completion 4		xpectations completion 6	U/C*		
1. Medical 1	edical record keeping										
2. Clinical a	issessment										
3. Investiga	tion and re	ferrals									
4. Treatmen	t										
5. Follow-u	p and futu	re planning									
6. Professio	nalism										
7. Overall c	linical jud	-			La helioviour and therefor						
*U/C Please mark this if you have not observed the behaviour and therefore feel unable to comment Anything especially good? Suggestions for development:											
Agreed actio	n:			I 							
Assessors sign	nature:				Date:	or discussion:] (in minu	ites)			

Time taken for feedback: (in minutes)

Assessors Name:



Annual Assessment Review Form



ANNUAL ASSESSMENT REVIEW FORM FOR UROGYNAECOLOGY SUBSPECIALTY TRAINING

To be completed by the Subspecialty Training Programme Director (STPD)

Trainee's name: _______Year of Subspecialty Training: _______Name of Assessors: _______Date of Review:

The following review of education progression must be made after discussion with all consultants involved with the clinical supervision of the trainee. The results will be discussed with the trainee before the review is convened.

A = Areas of concern

S = Meets standards for year of training

G = Good standard for year of training

1. GOOD CLINICAL CARE	Α	S	G	Comments
History & Examination				
Patient Management				
Clinical/Professional judgment				
Reliability/Conscientiousness				
Responsibility				

2. DEVELOPING AND MAINTAINING GOOD MEDICAL PRACTICE	Α	S	G	Comments
Clinical knowledge				
Self Motivation				
Self Reflection/Insight				
IT skills and development				
Administrative tasks				
Attendance at local educational meetings				



3. WORKING WITH COLLEAGUES	A	S	G	Comments
Relationship with staff				
Teamworking				
Leadership				
Referral & delegation				

4.	TEACHING AND	Α	S	G	Comments
	TRAINING				
Clir	nical teaching				
	8				
Pres	sentation skills				

5. PROBITY	Area of concern	No known areas of concern

6.	HEALTH	Area of concern	No known areas of concern

7. SPECIALTY SKILLS	Α	S	G	Comments
Operating skills				
Clinical ward management				



8. OSATS:

Where there are areas of major concern, please supply additional information. In this case it is the responsibility of the Programme Director to alert the assessors.

When a specific competence has been signed off in the logbook, the trainee should continue to record all procedures undertaken in their log of experience and an occasional OSATS in each skill should still be undertaken, as appropriate.

OSATS	Number undertaken in last year	Number completed at standard required for independent practice in last year	Date competence signed off in logbook (DD/MM/YY)
Urodynamics			
Cystoscopy			
Midurethral Sling			
Posterior Repair			
Sacrocolpopexy			
Sacrospinous Fixation			
Vaginal Hysterectomy and Anterior Repair			
Vaginal Mesh Repair			
Areas of concern etc			



9. MINI CLINICAL EV	ALUATION EXERCISE (Mini CEX) AND			
CASE-BASED DISCUSSIONS (CbDs)				
(at least 5 mini CEX and 5 CbDs should be done every 6 months for 2 years)				
Number of Mini CEX (Urogynaecology) undertaken in last year				
	Any specific comment:			
Number of Case-based Discussion (Urogynaecology) undertaken in the last year				
	Any specific comment:			
Other Comments				

Module	Date					
	In progress	Completed	Comment			
General Urogynaecology Assessment						
Conservative Management of Urogynaecology						
Surgical Treatments						
Specialist Urology						
Specialist Colorectal						
Neurology						
Generic Module						
ments:						
	General Urogynaecology AssessmentConservative Management of UrogynaecologySurgical TreatmentsSpecialist UrologySpecialist ColorectalNeurologyGeneric Module	In progressGeneral Urogynaecology AssessmentIn progressConservative Management of UrogynaecologyIm progressSurgical TreatmentsIm progressSpecialist UrologyIm progressSpecialist ColorectalIm progressNeurologyIm progressGeneric ModuleIm progress	In progressCompletedGeneral Urogynaecology AssessmentImprogressCompletedConservative Management of UrogynaecologyImprogressImprogressSurgical TreatmentsImprogressImprogressImprogressSpecialist UrologyImprogressImprogressImprogressSpecialist ColorectalImprogressImprogressImprogressNeurologyImprogressImprogressImprogressGeneric ModuleImprogressImprogressImprogress			



11. AUDIT AND TEACHING (undertaken since last Assessment)

12. On-Call Commitment

What on-call shift system is the trainee working?

What is the estimated training time lost due to this shift system?

Is the trainee covering :

- a) Emergency gynaecology?
- b) Emergency obstetrics

13. RESEARCH

Total number of relevant publications as defined by the Subspecialty Committee:

Does the trainee plan to submit a thesis?

Does the trainee have a thesis submitted?

Comments:



14. ANY OTHER ISSUES OF CONCERN (please outline nature of problems and action plan)

15. SUBSPECIALTY TRAINING PROGRAMME DIRECTOR REPORT

Give a brief overview of the Trainee's main strengths and weaknesses and whether the Trainee is competent to continue with subspecialty training

Progress to next year of	YES	NO	
Subspecialty training (tick)			



If there is NO disagreement between the trainee and the assessor about the progress, please sign Below	trainee's
Signature of STPD:	
Print Name:	
Date:	
Signature of trainee:	
Date:	

Or

If there IS disagreement between the programme Director and the trainee about the problem areas or lack of progress, this section should be completed and the documentation from the interview be passed to the Chairperson of the Subspecialty Board. Both STPD and trainee should sign to indicate the disagreement. <i>I do not agree that I have problems in the area(s)/modules identified.</i> Areas:	
I do not agree that I have problems in the area(s)/modules identified.	
Areas:	
Modules:	
Signature of trainee:	
Date:	
I have studied the documentation attached and believe that the problems have been accurately identified.	
Signature of STPD: Date:	



I Ger Ass 2 Cor of U 3 Sur 4 Spe 5 Spe 6 Neu 7 Ger Comments	odule neral Urogynaecology sessment nservative Management Urogynaecology rgical Treatments ecialist Urology ecialist Colorectal urology neric Module	In progress In progress	Completed Image: Completed	
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Ass Cor of U Sur Sur Spe Spe Spe Spe	sessment nservative Management Urogynaecology rgical Treatments ecialist Urology ecialist Colorectal urology neric Module			
of U 3 Sur 4 Spe 5 Spe 6 Neu 7 Ger Comment	Urogynaecology rgical Treatments ecialist Urology ecialist Colorectal urology neric Module			
of U 3 Sur 4 Spe 5 Spe 6 Neu 7 Ger Comment	Urogynaecology rgical Treatments ecialist Urology ecialist Colorectal urology neric Module			
4 Spe 5 Spe 6 Neu 7 Ger Comment	ecialist Urology ecialist Colorectal urology neric Module			
5 Spe 5 Neu 7 Ger Comment	ecialist Colorectal urology neric Module			
6 Neu 7 Ger Comment	urology neric Module			
7 Ger	neric Module			
Comment				
Comment				
	ts:			
	re been any changes to the ease specify:	e centre since t	he last visit?	
Have ther	e been any changes to the	e programme s	ince the last visit	?
	s seen any shunges to the			
	e specify:			



Strengths identified by the assessors relating to	o trainee:
Problems identified by the assessors relating to	trainee.
Troorenis raenaried by the assessors relating to	, trainee.
Remedial action suggested by assessors:	
Please note: The Subspecialty Training Progra	mme Director needs to report in
writing to the Subspecialty Board how the abo	1
	ve recommendations made have been
addressed within 3 months of the review.	
Are there specific problems with the training p	rogramme?
If was more those of significant according that the	and wooded to be bightighted to the
If yes, were these of significant severity that th	lese needed to be mightighted to the
Programme Director for action?	
Signature of Assessor:	
Signature of Assessor:	Date:



Research component of subspecialty training



Research component of subspecialty training

The aim of the research component of subspecialty is to ensure the trainee can design and execute a research study of sufficient quality to meet internationally recognized standards of research excellence, such as those published in the Medical Research Council's 'Good research practice: principles and guidelines'. The trainee will need to demonstrate expertise in clinical and/or laboratory research methodology, including the ability to:

- Critically assess research papers
- Design and run a research project
- Understand statistical methods
- Be aware of the ethical issues involved in research

The trainee will need to either:

- Complete the research component of the subspecialty training programme, or
- Obtain exemption through published output

All applications for exemption are peer-reviewed by the HKCOG's Subspecialty Committee. The trainee will still be expected to undertake research during the subspecialty training, even if the trainee has fulfilled the research criteria before entering the programme.

Requirement of the research component of subspecialty training

At completion of a 3-year subspecialty programme:

- Completion of a research or academic programme resulting in the award of an MD or PhD thesis, or
- Publication of one first-author paper of original research, relevant to the chosen subspecialty of the trainee, in citable, refereed MEDLINE journals, preferably (but not necessarily) arising from a dedicated period of research lasting at least 1 year.

Exemption from the research component of subspecialty training

Before starting the subspecialty programme:

• Completion of a research or academic programme that has led to the award of an MD or PhD thesis, or



• Publication of at least two first-author papers of original research in citable, refereed MEDLINE journals. The papers do not need to be relevant to the chosen subspecialty of the trainee. If one paper has been accepted and the second paper is ready for submission, a grace period of 1 year can be given at the time of the application. If the second paper has not been accepted for publication at the end of one year of the subspecialty training, the trainee has to undertake research during the subspecialty training to fulfil the criteria as stated at the completion of a 3-year subspecialty program.

MD/PhD

- It's preferable for the subject matter of MD/PhD to be relevant to the chosen subspecialty of the trainee, but research in other areas related to O&G will be considered if it demonstrates the required competences listed above
- The trainee may be asked to provide supporting evidence that a period of supervised research led to the award of MD/PhD.

Published papers

- The first-author paper need to be relevant to the chosen subspecialty of the trainee.
- Review articles (other than high-quality systematic reviews, preferably Cochrane Reviews) and case reports are excluded
- An MSc/MPhil (or other higher postgraduate degree) that encompasses a marked thesis may be considered equivalent to one paper, subject to review by the HKCOG's Subspecialty Committee [2]
- 'Exceptional' requests (i.e. a non-first author paper that the trainee wishes to be accepted as one paper towards research exemption) will be considered only if the trainee has undertaken a minimum research period of 2 years, has completed a fellowship whose primary purpose was to coordinate a trial, or has submitted supporting evidence of active involvement in all aspects of delivery of the study and authorship of an article published in a high-impact journal such as the New England Journal of Medicine, The Lancet, BMJ or Nature.

Failure to achieve the minimum research criteria

If the trainee reaches the end of subspecialty training without satisfying the research criteria, the trainee will be offered a maximum two-year extension to complete the research element. If the trainee reaches the end of the two-year extension without completing the research component, the HKCOG's Subspecialty Committee would not award the subspecialist accreditation unless there are extenuating circumstances.